

opusdei.org

“With your help, Lord, I’ll fight”

Mary's humble song of joy, the Magnificat, recalls to our minds the infinite generosity of the Lord towards those who become like children towards those who abase themselves and are sincerely aware that they are nothing. (The Forge, 608)

May 13

Don't forget that the saint is not the person who never falls, but rather the one who never fails to get up

again, humbly and with a holy stubbornness. If the book of Proverbs says that the just man falls seven times a day, who are we poor creatures, you and I, to be surprised or discouraged by our own weaknesses and falls! We will be able to keep going ahead, if only we seek our fortitude in him who says: 'Come to me all you who labour and are burdened and I will give you rest.' Thank you, Lord, *quia tu es, Deus, fortitudo mea*, because you, and you alone, my God, have always been my strength, my refuge and my support.

If you really want to make progress in the interior life, be humble. Turn constantly and confidently to the help of Our Lord and of his Blessed Mother, who is your Mother too. No matter how much the still open wound of your latest fall may hurt, embrace the cross once more and, calmly, without getting upset, say: 'With your help, Lord, I'll fight so as

not to be held back. I'll respond faithfully to your invitations. I won't be afraid of steep climbs, nor of the apparent monotony of my daily work, nor of the thistles and loose stones on the way. I know that I am aided by your mercy and that, at the end of the road, I will find eternal happiness, full of joy and love for ever and ever.' (Friends of God, 131)

pdf | document generated
automatically from [https://opusdei.org/
en/dailytext/with-your-help-lord-ill-
fight/](https://opusdei.org/en/dailytext/with-your-help-lord-ill-fight/) (01/27/2026)