

“His new commandment of love”

Jesus Our Lord loved men so much that he became incarnate, took to himself our nature, and lived in daily contact with the poor and the rich, with the just and with sinners, with young and old, with Gentiles and Jews. He spoke to everyone: to those who showed good will towards him, and to those who were only looking for a way to twist his words and condemn him. You should try to act as Our Lord did. (The Forge, 558)

January 19

It is easy to understand the impatience, anxiety and uneasiness of people whose naturally christian soul stimulates them to fight the personal and social injustice which the human heart can create. So many centuries of men living side by side and still so much hate, so much destruction, so much fanaticism stored up in eyes that do not want to see and in hearts that do not want to love!

The good things of the earth, monopolized by a handful of people; the culture of the world, confined to cliques. And, on the outside, hunger for bread and education. Human lives — holy, because they come from God — treated as mere things, as statistics. I understand and share this impatience. It stirs me to look at

Christ, who is continually inviting us to put his new commandment of love into practice.

We must learn to recognize Christ when he comes out to meet us in our brothers, the people around us. No human life is ever isolated. It is bound up with other lives. No man or woman is a single verse; we all make up one divine poem which God writes with the cooperation of our freedom. (Christ is passing by, 111)

pdf | document generated
automatically from [https://opusdei.org/
en/dailytext/the-new-commandment-of-
love/](https://opusdei.org/en/dailytext/the-new-commandment-of-love/) (07/31/2025)