

opusdei.org

## **“Don’t be afraid to know your real self”**

I have no need of miracles: there are more than enough for me in the Gospel. But I do need to see you fulfilling your duty and responding to grace. (The Way, 362)

March 29

Let us say again, in word and in action: “Lord, I trust in you; your ordinary providence, your help each day, is all I need.” We do not have to ask God to perform great miracles. Rather, we have to beg him to

increase our faith, to enlighten our intellect and strengthen our will. Jesus always stays by our side and is always himself.

Ever since I began to preach, I have warned people against a certain mistaken sense of holiness. Don't be afraid to know your real self. That's right, you are made of clay. Don't be worried. For you and I are sons of God — and that is the right way of being made divine. We are chosen by a divine calling from all eternity: "The Father chose us in Christ before the foundation of the world, that we should be holy and blameless before him." We belong especially to God, we are his instruments in spite of our great personal shortcomings. And we will be effective if we do not lose this awareness of our own weakness. Our temptations give us the measure of our own weakness.

If you feel depressed when you experience, perhaps in a very vivid way, your own pettiness, then is the time to abandon yourself completely and obediently into God's hands. There is a story about a beggar meeting Alexander the Great and asking him for alms. Alexander stopped and instructed that the man be given the government of five cities. The beggar, totally confused and taken aback, exclaimed: "I didn't ask for that much." And Alexander replied: "You asked like the man you are: I give like the man I am." (Christ is passing by, 160)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en/dailytext/dont-be-afraid-to-know-  
your-real-self/](https://opusdei.org/en/dailytext/dont-be-afraid-to-know-your-real-self/) (03/27/2025)