

opusdei.org

Saint Raphael Meditation: Holy Thursday

A meditation (guided prayer) for Holy Thursday. "If we knew the value of the Mass we would die of joy," Saint John Marie Vianney assures us.

04/01/2021

To listen to the meditation, click **here**.

(Image: By Janmad - Own work, CC BY-SA 4.0, <https://>

[commons.wikimedia.org/w/
index.php?curid=48...](https://commons.wikimedia.org/w/index.php?curid=48...))

pdf | document generated
automatically from [https://opusdei.org/
en/article/saint-raphael-meditation-
holy-thursday/](https://opusdei.org/en/article/saint-raphael-meditation-holy-thursday/) (07/24/2025)