

# Saint Raphael Meditation: Being a Friend of Christ

A meditation (guided prayer) on learning how to value Christ's friendship.

06/08/2021

Saint Josemaria said that “Jesus’ Heart is the Heart of God made flesh ... Jesus is your friend – the Friend – with a human heart like yours, with most loving eyes that wept for Lazarus. And as much as he loved Lazarus, he loves you.”

To listen to the meditation, click [here](#).

This meditation is part of the podcast "Meditations in Manhattan". You can subscribe to that podcast on [Apple Podcasts](#), [Google Podcasts](#), [Spotify](#), [Pocket Casts](#), [Stitcher](#), [Podcast Addict](#), or wherever you listen to your podcasts.

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