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# A Resource for Prayer

Talks and meditations by priests of Opus Dei. Recent additions include 3 talks on “Pope Francis: His Life and Papacy and the Synod on the Family,” and meditations for the Sundays in Lent.

03/13/2015

Each month the St. Josemaria Institute Podcast will add new meditations (30 minutes of guided prayer), talks and readings. Recently the talks from the St. Josemaria

Institute's 2015 inaugural conference, **Pope Francis: His Life and Papacy and the Synod on the Family**, were made available. The speaker is Fr Mark Mannion, a priest of the Prelature of Opus Dei. To access these 3 talks, click [here](#).

Other recent uploads include meditations for the Sundays in Lent, given by Fr. Javier del Castillo. To access the entire collection of podcasts, click [here](#).

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