

# Audio Meditation: A New Year with Jesus and Mary

A meditation (guided prayer) on beginning the new year with Mary, Mother of God.

12/31/2022

We are beginning a new year. At this time, the Church invites us to celebrate the solemnity of Mary, the Mother of God. In the presence of God, and of Mary, we now look at how was our past year. As I formulate my new year's resolutions,

there is one thing that only I can do, and nobody else can give it to God: my love for God. This year, let me follow Mary's example in loving God with all my heart. Listen to this meditation by Father Henry Bocala here:

*This meditation is part of the podcast "Meditations in Manhattan." You can subscribe to it on [Apple Podcasts](#), [Google Podcasts](#), [Spotify](#), [Pocket Casts](#), [YouTube](#), or wherever you listen to your podcasts.*

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