"Aprite le finestre": the soundtrack Saint Josemaría wanted for his farewell from this world

The song "Aprite le finestre" was the piece with which singer Franca Raimondi won the popular Sanremo Music Festival in 1956, Italy's most important musical competition. St. Josemaría liked it and saw it as a simple and radiant expression of Christian hope in eternal life. He told those around him that he would like it to be sung at the moment of his death.

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In 1966, during a get-together at Villa Tevere, some of those living with St Josemaría sang *Aprite le finestre*, a song then popular in Italy.^[1] The founder told them he would like it to be sung in his final moments on earth, joyfully, after he received the last sacraments.

The song celebrates the joy of springtime, when flowers begin to bloom again, birds return from migration, and the sun streams through open windows, filling homes with light. Its lyrics invite listeners to open themselves to new dreams and to a life that begins afresh.

La prima rosa rossa è già sbocciata The first red rose has already bloomed E nascon timide le viole mammole And the shy violets hide

Now, the first

Ormai, la prima rondine è tornata

Nel cielo limpido comincia a volteggiar

Il tempo bello viene ad annunciar

Aprite le finestre al nuovo sole

È primavera, è primavera swallow has returned

In the clear sky, it begins to flutter

The beautiful weather comes to announce

Open the windows to the new sun

It's spring, it's spring

St Josemaría enjoyed singing, and often repeated a phrase from St Augustine: "He who sings, prays twice." He also used to say that he liked "all the songs about pure holy love, for in them I find, interwoven, both human and divine love."^[2] It is not surprising, therefore, that he saw more than a mere description of the season in this song. Asking for it to be sung at the end of his life, made it clear he saw it as a metaphor for the passage to eternal life: death not as an end, but as a peaceful, radiant awakening. For him, 'opening the windows' meant opening the soul as he had done throughout his life to the Love of loves, to the definitive encounter with God, "for ever, for ever... for ever" (The Way, no. 182).

The sun, which Church tradition sees as a symbol of Jesus Christ, offers itself gently to each person, and enters in when we freely open the door or the windows of our lives.

At times, St. Josemaría would talk about that definitive encounter with God: "It moves me deeply to think of the moment — whenever God wills — when I will be able to see Him, not as in a mirror, nor through obscure images... but face to face."^[3] He never described that moment as something jarring, because "we are always seeking God, hoping for Him. If we were to die suddenly, it would be as if the Lord had surprised us from behind, and, turning round, we found ourselves in his arms..."^[4]

Afraid neither of life nor of death: that is how he tried to live each day, because, as he used to say, "we don't know when the final battle will come, because we could die at any moment... But don't be afraid: beyond death there is Life and Love."^[5]

Sul davanzale un piccolo usignolo

Dall'ali tenere, le piume morbide On the windowsill, a little nightingale Ha già spiccato il timido suo volo

E contro i vetri ha cominciato a picchiettar

Il suo più bel messaggio vuol portar:

È primavera, è primavera

Aprite le finestre ai nuovi sogni With tender wings, soft feathers

Has already taken its timid flight

And it has started to tap against the glass

It wants to bring its beautiful message:

It's spring, it's spring

Open the windows to new dreams

Might that symbol of people in love — the nightingale on the windowsill, tapping on the glass — not also be interpreted as grace, Love Himself, coming to prepare the soul for its long-awaited encounter? Then, for the last time, the soul will open the window to the most beautiful of dreams: eternal life.

Aprite le finestre	Open the windows
ai nuovi sogni	to new dreams
Alle speranze,	To hopes, to
all'illusione	excitement
Lasciate entrare l'ultima canzone	Let in the last song
Che dolcemente	Which will
scenderà nel	descend gently
cuor	into the heart

On 26 June 1975, Josemaría Escrivá died suddenly of a heart attack. Another of his wishes was fulfilled: he had asked God for the grace to die "without being a nuisance," so as not to be a "burden" to his sons and daughters in Opus Dei.

"That day will come for us. It will be our last day, but we're not afraid of it. Trusting firmly in God's grace, we are ready from this very moment to be generous and courageous, and take loving care of little things: we are ready to go and meet our Lord" (*Friends of God*, no. 242).

"In the sky, amid silver clouds, the moon has already set a date." Our Lady, like the moon that reflects the light of the sun, reflects the image of God and guides Christians through moments of darkness. She accompanied St. Josemaría from his earliest years, and she was with him at the end of his life, too. In his last moments on earth, he fixed his gaze on an image of Our Lady of Guadalupe, confident that she was accompanying him in that final step toward heaven. Five years earlier, while looking at a picture in Jaltepec of Our Lady of Guadalupe giving a rose to Juan Diego, he had said aloud: "That is how I would like to die: looking at the Blessed Virgin and receiving a flower from her..."^[6]

You might enjoy this playlist of songs Saint Josemaría liked:

One of the biographies of the founder recounts a family story from that day.^[7] Severino Monzó, who was spending a few days in a house near the shrine of Torreciudad, received the news of St Josemaría's passing and remembered something the founder had said to him a decade earlier in Rome about that song: "You will sing it for me... without tears." He went over to the record player in the sitting room and put on "Aprite le finestre." He began to sing it, hoping to fulfil the Father's wish. He tried to hold back his emotions, but wasn't quite able to fulfil that second part. At one point, his voice broke and he had to stop. He gathered himself and sang it through to the end. The lyrics of the full song are as follows:

Italian

English

La prima rosa	The first red rose
rossa è già	has already
sbocciata	bloomed
E nascon timide le viole mammole	-
Ormai, la prima rondine è tornata	Now, the first swallow has returned

Nel cielo limpido	In the clear sky,
comincia a	it begins to
volteggiar	flutter
Il tempo bello	The beautiful
viene ad	weather comes
annunciar	to announce
Aprite le finestre al	Open the
nuovo sole	windows to the
È primavera, è	new sun
primavera	It's spring, it's
Lasciate entrare	spring
un poco d'aria	Let in a bit of
pura	fresh air
Con il profumo dei giardini e i prati in fior	
Aprite le finestre	Open the
ai nuovi sogni	windows to new
Bambine belle	dreams

Innamorate

È forse il più bel sogno che sognate

Sarà domani la felicità

[Ritornello]

Nel cielo fra le nuvole d'argento

La luna ha già fissato appuntamento

Aprite le finestre al nuovo sole

È primavera

Festa dell'amor

La, la, la...

Aprite le finestre al nuovo sole Beautiful girls

In love

It may be the most beautiful dream you dream

Happiness will come tomorrow

[Chorus]

In the sky among the silver clouds

The moon has already set a date

Open the windows to the new sun

It's spring, the feast of love

Sul davanzale un piccolo usignolo

Dall'ali tenere, le piume morbide

Ha già spiccato il timido suo volo

E contro i vetri ha cominciato a picchiettar

Il suo più bel messaggio vuol portar:

È primavera, è primavera

Aprite le finestre ai nuovi sogni

Alle speranze, all'illusione La, la, la...

Open the windows to the new sun

On the windowsill, a little nightingale

With tender wings, soft feathers

Has already taken its timid flight

And it has started to tap against the glass

It wants to bring its beautiful message: Lasciate entrare l'ultima canzone

Che dolcemente scenderà nel cuor

Nel cielo fra le nuvole d'argento

La luna ha già fissato appuntamento

Aprite le finestre al nuovo sole

È primavera, festa dell'amor

La, la, la...

Aprite le finestra al primo amor It's spring, it's spring

Open the windows to new dreams

To hopes, to excitement

Let in the last song

Which will descend gently into the heart

In the sky among the silver clouds

The moon has already set a date

Open the windows to the new sun

It's spring, the feast of love

La, la, la...

Open the window to first love

^[1] Celaya I., in <u>Recuerdos de san</u>

Josemaría.

^[2] *Conversations*, no. 92.

^[3] Sastre A., *Tiempo de caminar*, chapter XII.

^[4] Cfr. Testimony of Encarnación Ortega Pardo, RHF 5074.

^[5] Ibid.

^[6] Cejas J.M., *Cara y Cruz: Josemaría Escrivá*, chapter XXVI.

^[7] Urbano P., *The Man of Villa Tevere*, chapter XIX.

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