

## **“We must be humble”**

When you feel sometimes - perhaps without reason - that you have been humiliated; when you think your opinion should prevail; when you notice that at every moment your "self" keeps cropping up: your this, your that, your something else... convince yourself that you are wasting, killing time, and that what you should be doing is killing your selfishness. (The Forge, 1050)

December 21

“He went about doing good” [1].  
What did Christ do to pour out so much good, and only good, wherever he went? The Gospels give us the answer with another biography of Jesus: “He was obedient to them” [2]. We must especially value obedience in the current environment of disobedience, rebellion and disunity.

Freedom is very close to my heart — that is precisely why I so love the christian virtue of obedience. We should all realize that we are children of God, and should want to fulfil the will of our Father. We should do things as God wants them done, *because we feel like it*, which is the most supernatural of reasons.

The spirit of Opus Dei, which I have tried to practice and to teach for

more than thirty-five years now, has made me understand and love personal freedom. When God our Lord gives us his grace, when he calls us by a specific vocation, it is as if he were stretching out his hand to us, in a fatherly way. A strong hand, full of love, because he seeks us out individually, as his own sons and daughters, knowing our weakness. The Lord expects us to make the effort to take his hand, his helping hand. He asks us to make an effort and show we are free. To be able to do this, we must be humble and realize we are little children of God. We must love the blessed obedience with which we respond to God's marvellous fatherhood. (Christ is passing by, 17)

[1] Acts 10:38: *Pertransiit benefaciendo*

[2] Luke 2:31: *erat subditus illis*

.....

pdf | document generated  
automatically from [https://opusdei.org/  
en-za/dailytext/we-must-be-humble/](https://opusdei.org/en-za/dailytext/we-must-be-humble/)  
(01/21/2026)