

opusdei.org

“The noble love between a man and a woman”

You should be full of wonder at the goodness of our Father God. Are you not filled with joy to know that your home, your family, your country, which you love so much, are the raw material which you must sanctify? (The Forge, 689)

July 23

And now, my sons and daughters, let me consider for a moment, another

aspect of everyday life which is particularly dear to me. I refer to human love, to the noble love between a man and a woman, to courtship and marriage. I want to say once again that this holy human love is not something merely to be permitted or tolerated alongside the true activities of the spirit, as might be insinuated by false spiritualism to which I alluded previously. I have been preaching just the contrary, in speech and in writing, for forty years and now those who did not understand are beginning to grasp the point.

Love which leads to marriage and family, can also be a marvellous divine way, a vocation, a path for a complete dedication to our God. What I have told you about doing things perfectly, about putting love into the little duties of each day, about discovering that 'divine something' contained in these

details, finds a special place in that vital sphere in which human love is enclosed. (Conversations, 121)

pdf | document generated
automatically from [https://opusdei.org/
en-za/dailytext/the-noble-love-between-
a-man-and-a-woman/](https://opusdei.org/en-za/dailytext/the-noble-love-between-a-man-and-a-woman/) (02/19/2026)