

# **“Tell her about everything that happens to you”**

Develop a lively devotion for Our Mother. She knows how to respond in a most sensitive way to the presents we give her. What is more, if you say the Holy Rosary every day, with a spirit of faith and love, Our Lady will make sure she leads you very far along her Son's path. (Furrow, 691)

May 20

If we truly got to know Mary our Mother, how quickly the supernatural virtues would grow in us! Let us not be shy about repeating short prayers and aspirations to her throughout the day. There is no need to say them out loud, we can say them in our heart. Christian devotion has gathered together many of these loving words of praise in the Litany which accompanies the Holy Rosary. But each one of us is free to think up new ones, and address new praises to her, telling her with our heart — with a holy bashfulness that she understands and approves — what we would not dare to say out loud.

I would recommend that, if you haven't already done so, you find out for yourself by personal experience the meaning of Mary's maternal love. It is not enough just to know she is our Mother and to think and to talk about her as such. She is your Mother and you are her son. She

loves you as if you were her only child in this world. Treat her accordingly: tell her about everything that happens to you, honour her and love her. No one will do it for you or as well as you, if you do not do it yourself. (Friends of God, 293)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-za/dailytext/tell-her-about-  
everything-that-happens-to-you/](https://opusdei.org/en-za/dailytext/tell-her-about-everything-that-happens-to-you/)  
(02/18/2026)