

opusdei.org

## **Surgery not needed**

I write today with immense joy and gratitude to report a favor received through the intercession of Blessed Álvaro del Portillo. My wife developed an umbilical hernia some time ago, following the birth of our sixth child.

03/08/2025

About six months ago, we began a series of medical consultations and scans in preparation for possible surgery to correct the hernia. Previous scans had shown that the

hernia was significant in size and a cause for concern. The doctor even expressed concern that the procedure could be complicated due to a previous hernia repair on the opposite side of her abdomen.

Deeply worried about my wife's health and the potential risks of surgery, I turned to Blessed Alvaro del Portillo for his intercession. For the past six months, I have been praying fervently for her healing, using the prayer card for private devotion. I implored Blessed Alvaro to intercede for her and grant her a miraculous recovery.

The surgery was scheduled in two days' time from today– on Wednesday, this week.

To our astonishment and immense relief, we received wonderful news from the doctor earlier this morning. After reviewing the latest scan, taken 10 days ago, he informed us that the

hernia had significantly decreased in size! It is now a full centimeter smaller than it was from the previous scan and not a cause for concern anymore.

This unexpected and remarkable reduction means that surgery is no longer necessary. The doctor has instead scheduled a review in six months to monitor the situation.

We give thanks to our Lord for this favor and to Blessed Alvaro for his intercession. My wife and I are convinced that this turn of events is a direct result of Blessed Alvaro's powerful intercession. We are filled with gratitude for his loving assistance and for this extraordinary blessing.

J.N.

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-za/article/surgery-not-needed/](https://opusdei.org/en-za/article/surgery-not-needed/)  
(03/20/2026)