

opusdei.org

Saint Raphael

Meditation: Holiness on Loan

A meditation (guided prayer) on the mysterious reality of every Christian's call to holiness. Only by possessing and being possessed by Christ is holiness possible for us.

10/24/2021

The Christian's call to holiness is a mysterious reality. How can we be holy when holiness is exclusive to God and underlines his transcendent

otherness? How can we be perfect who are obviously sinful and weak? Only by possessing and being possessed by Christ is holiness possible for us. Sanctity is to have him live in us through the sacraments, our prayer life, and our gradual imitation of his life and dispositions.

To listen to the meditation, click **here**.

.....

pdf | document generated
automatically from [https://opusdei.org/
en-za/article/saint-raphael-meditation-
holiness-on-loan/](https://opusdei.org/en-za/article/saint-raphael-meditation-holiness-on-loan/) (02/08/2026)