

opusdei.org

Audio message from Pope Francis: “Thank you for your prayers”

On 14 February, Pope Francis was admitted to the Agostino Gemelli Polyclinic in Rome due to a polymicrobial infection of the respiratory tract. The Holy See Press Office publishes updates on the Pope's health twice a day.

03/10/2025

*Find all updates from the Holy See
Press Office on Pope Francis' health
[here](#)*

Monday, March 10

The Holy Father's clinical condition remains stable. The improvements recorded in previous days have been further consolidated, as confirmed by both blood tests and clinical findings, as well as by the Pope's good response to pharmacological therapy.

For these reasons, the doctors have decided today to lift their guarded prognosis. However, given the complexity of the Pope's clinical picture and the severe infection present at the time of hospitalization, it will still be necessary to continue

pharmacological treatment in a hospital setting for a period of time.

This morning, the Holy Father was able to follow the Spiritual Exercises via a video link with the Paul VI Hall; he then received the Eucharist and went to the chapel of his private apartment for a moment of prayer.

In the afternoon, he again joined the Curia's Spiritual Exercises, following them via video link. Throughout the day, he alternated between prayer and rest.

Vatican News

.....

pdf | document generated
automatically from <https://opusdei.org/en-za/article/pope-francis-prayer-health/> (01/20/2026)