

opusdei.org

## “Work with cheerfulness”

If you say that you want to imitate Christ | ... and yet have time on your hands, then you are on the road to lukewarmness. (The Forge, 701)

June 16

Professional work -- and the work of a housewife is one of the greatest of professions -- is a witness to the worth of the human creature. It provides a chance to develop one's own personality; it creates a bond of union with others; it constitutes a

fund of resources; it is a way of helping in the improvement of the society we live in, and of promoting the progress of the whole human race | ... For a Christian, these grand views become even deeper and wider. For work, which Christ took up as something both redeemed and redeeming, becomes a means, a way of holiness, a specific task which sanctifies and can be sanctified. (The Forge, 702)

Work with cheerfulness, with peace, with presence of God. In this way you will also carry out your task with common sense. You will carry it through to the end. Though tiredness is beating you down, you will finish it off well; and your works will be pleasing to God. (The Forge, 744)

You should maintain throughout the day a constant conversation with Our Lord, a conversation fed even by the things that happen in your

professional work. Go in spirit to the  
Tabernacle... and offer to God the  
work that is in your hands. (The  
Forge, 745)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-us/dailytext/work-with-cheerfulness/](https://opusdei.org/en-us/dailytext/work-with-cheerfulness/)  
(04/09/2026)