

opusdei.org

“God is counting on your help”

My daughter, you have set up a home. I like to remind you that you women - as you well know - have a great strength, which you know how to enfold within a special gentleness, so that it is not noticed. With that strength, you can make your husband and children instruments of God, or demons. You will always make them instruments of God: he is counting on your help. (The Forge, 690)

February 14

Women are called to bring to the family, to society and to the Church, characteristics which are their own and which they alone can give: their gentle warmth and untiring generosity, their love for detail, their quick-wittedness and intuition, their simple and deep piety, their constancy... A woman's femininity is genuine only if she is aware of the beauty of this contribution for which there is no substitute and if she incorporates it into her own life.

To fulfil this mission, a woman has to develop her own personality and not let herself be carried away by a naive desire to imitate, which, as a rule, would tend to put her in an inferior position and leave her unique qualities unfulfilled. If she is a mature person, with a character and

mind of her own, she will indeed accomplish the mission to which she feels called, whatever it may be. Her life and work will be really constructive, fruitful and full of meaning, whether she spends the day dedicated to her husband and children or whether, having given up the idea of marriage for a noble reason, she has given herself fully to other tasks. Each woman in her own sphere of life, if she is faithful to her divine and human vocation can and, in fact, does achieve the fullness of her feminine personality. Let us remember that Mary, Mother of God and Mother of men, is not only a model but also a proof of the transcendental value of an apparently unimportant life. (Conversations with Monsignor Escrivá, 87)

A woman with adequate training should find the field of public life open to her at all levels. In this sense

it is impossible to point out specific tasks that correspond to women alone. As I said earlier, in this field what is specific is not the task or position in itself, but the way in which the work is done. There are values which a woman more readily perceives, and her specific contribution will often, therefore, change the whole approach to a problem, and can lead to the discovery of completely new approaches. (Conversations with Monsignor Escrivá, 90)

pdf | document generated
automatically from [https://opusdei.org/
en-us/dailytext/my-daughter-god-is-
counting-on-your-help/](https://opusdei.org/en-us/dailytext/my-daughter-god-is-counting-on-your-help/) (04/04/2026)