"He made himself food, he became Bread"

He was the greatest madman of all times. What greater madness could there be than to give oneself as he did, and for such people? It would have been mad enough to have chosen to become a helpless Child. But even then, many wicked men might have been softened, and would not have dared to harm him. So this was not enough for him. He wanted to make himself even less, to give himself more lavishly. He made himself food, he became

Bread. Divine Madman! How do men treat you? How do I treat you? (The Forge, 824)

September 1

Think of the human experience of two people who love each other, and yet are forced to part. They would like to stay together forever, but duty — in one form or another — forces them to separate. They are unable to fulfil their desire of remaining close to each other, so man's love — which, great as it may be, is limited — seeks a symbolic gesture. People who make their farewells exchange gifts or perhaps a photograph with a dedication so ardent that it seems almost enough to burn that piece of paper. They can do no more, because a creature's power is not so great as its desire.

What we cannot do, our Lord is able to do. Jesus Christ, perfect God and perfect man, leaves us, not a symbol, but a reality. He himself stays with us. He will go to the Father, but he will also remain among men. He will leave us, not simply a gift that will make us remember him, not an image that becomes blurred with time, like a photograph that soon fades and yellows, and has no meaning except for those who were contemporaries. Under the appearances of bread and wine, he is really present, with his body and blood, with his soul and divinity. (Christ is passing by, 83)

pdf | document generated automatically from https://opusdei.org/ en-us/dailytext/he-made-himself-foodhe-became-bread/ (11/20/2025)