

## **“Christ waiting in the Eucharist for two thousand years”**

Jesus has remained in the Sacred Host for us so as to stay by our side, to sustain us, to guide us. And love can only be repaid with love. How could we not turn to the Blessed Sacrament each day, even if it is only for a few minutes, to bring him our greetings and our love as children and as brothers?  
(Furrow, 686)

November 4

God has decided to stay in the tabernacle to nourish us, strengthen us, make us divine and give effectiveness to our work and efforts. Jesus is at one and the same time the sower, the seed and the final result of the sowing: the bread of eternal life...

Love has been awaiting us for almost two thousand years. That's a long time and yet it's not, for when you are in love time flies.

I remember a lovely poem, one of the songs collected by Alfonso X the Wise. It's a legend about a simple monk who begged our Lady to let him see heaven, even if only for a moment. Our Lady granted him his wish and the good monk found himself in paradise. When he returned, he could not recognize the monastery — his prayer, which he had thought very short, lasted three centuries. Three centuries are nothing to a person in love. That's

how I explain Christ waiting in the Eucharist for two thousand years. It is God waiting for us, God who loves man, who searches us out, who loves us just as we are — limited, selfish, inconstant, but capable of discovering his infinite affection and of giving ourselves fully to him.  
(Christ is passing by, 151)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-us/dailytext/christ-waiting-in-the-  
eucharist-for-two-thousand-y/](https://opusdei.org/en-us/dailytext/christ-waiting-in-the-eucharist-for-two-thousand-y/)  
(02/06/2026)