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# Catechesis on the Letter to the Galatians

A collection of Pope Francis' audiences on St. Paul's letter to the Galatians (2021), downloadable as a free eBook.

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“If we lose the thread of spiritual life, if a thousand problems and thoughts assail us, let us heed Paul’s advice: let us place ourselves before Christ Crucified, let us begin again from Him. Let us take the Crucifix in our hands, holding it close to our heart. Or let us pause in adoration before the Eucharist, where Jesus is Bread broken for us, Crucified, Risen, the power of God who pours out his love into our hearts. And now, still guided by Saint Paul, let us take a further step. Let us ask ourselves: what happens when we meet Jesus Crucified in prayer?”

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