"Follow him closely"

Our being children of God, I insist, leads us to have a contemplative spirit in the midst of all human activities; to be light, salt and leaven through our prayer, through our mortification, through our knowledge of religion and of our profession. We will carry out this aim: the more within the world we are, the more we must be God's. (The Forge, 740)

10 December

We do not look upon the world with a frown. Some biographers of saints have in the past been interested only in highlighting extraordinary things in the lives of God's servants, from even their earliest days in the cradle...

Now, we have learned to discover, with the help of God, in the succession of apparently similar days, a time for true penance, and in these moments we resolve to improve our life. This is the way to ready ourselves for the grace and inspirations of the Holy Spirit in our soul. And with that grace, I repeat, comes *gaudium cum pace* [1]: joy, peace and perseverance in our struggle. (Christ is passing by, 9)

[1] Gaudium cum pace, emendationem vitae, spatium verae poenitentiae, gratiam et consolationem Sancti Spiritus, perseverantiam in bonis operibus, tribuat nobis omnipotens et

misericors Dominus. Amen. (Roman Breviary, Prayer before Mass)

pdf | document generated automatically from https://opusdei.org/ en-uk/dailytext/we-must-try-to-imitatechrist/ (08/08/2025)