

# The Transfiguration

Heaven: 'the eye has not seen, nor the ear heard, neither has it entered into the heart of man to conceive the things that God has prepared for those who love him.' Don't these revelations of the Apostle spur you on to fight? (The Way, 751)

6 August

And he was transfigured before them, and his face shone like the sun, and his garments became white as light (Matt 17:2).

Jesus, we want to see you, to speak to you! We want to contemplate you, immersed in the immensity of your beauty, in a contemplation that will never cease! It must be wonderful to see you, Jesus! It must be wonderful to see you and be wounded by your love!

And a voice from the cloud said, “This is my beloved Son, with whom I am well pleased; listen to him” (Matt 17:5).

Lord, we are ready to heed whatever you want to tell us. Speak to us: we are attentive to your voice. May your words enkindle our will so that we launch out fervently to obey you.

*Vultum tuum, Domine, requiram* (Ps 26:8). Lord, I long to see your face. I like to close my eyes and think that, when God wills, the moment will come when I will be able to see him, not as *in a mirror dimly, but...face to face* (1-Cor 13:12). Yes, *my heart*

*yearns for God, the living God. When shall I go and behold the face of God?*  
(Ps 41:3). (Holy Rosary, Fourth  
Mystery of Light)

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-uk/dailytext/the-transfiguration/](https://opusdei.org/en-uk/dailytext/the-transfiguration/)  
(20/01/2026)