

“The danger lies in routine”

'Did our hearts not burn within us as he talked to us on the road?' If you are an apostle, these words of the disciples of Emmaus should rise spontaneously to the lips of your professional companions when they meet you along the ways of their lives. (The Way, 917)

11 April

I love to speak of paths and ways, because we are travellers, journeying

to our home in Heaven, our Father's land. But don't forget that, though a path may have some particularly difficult stretches, and may occasionally involve wading across a river or passing through an almost impenetrable wood, as a rule it will be quite passable and hold no surprises for us. The danger lies in routine, in imagining that God cannot be here, in the things of each instant, because they are so simple and ordinary!

There were two disciples on their way to Emmaus. They were walking along at a normal pace, like so many other travellers on that road. And there, without any fuss, Jesus appeared to them, and walks with them, his conversation helping to alleviate their tiredness. I can well imagine the scene, just as dusk was falling. A gentle breeze was blowing. All around were fields ripe with wheat, and venerable olive trees,

their branches shimmering in the soft glowing light.

Jesus joins them as they go along their way. Lord, how great you are, in everything! But you move me even more when you come down to our level, to follow us and to seek us in the hustle and bustle of each day. Lord, grant us a childlike spirit, pure eyes and a clear head so that we may recognise you when you come without any outward sign of your glory.

The journey ends when they reach the village. The two disciples who, without realising it, have been deeply stirred by the words and love shown by God made Man, are sorry to see him leaving. For Jesus ‘made as if to go on further’ [1]. This Lord of ours never forces himself on us. He wants us to turn to him freely, when we begin to grasp the purity of his

Love which he has placed in our souls. (Friends of God, 313-314)

[1] Luke 24:28

pdf | document generated automatically from <https://opusdei.org/en-uk/dailytext/the-danger-lies-in-routine/> (25/02/2026)