

“Jesus has remained within the Eucharist for love”

The frequency of our visits to the lord is in proportion to two factors: faith and the involvement of the heart; seeing the truth and loving it.
(Furrow, 818)

6 November

The heart! From time to time, without your being able to help it, your all too human memory casts a crude, unhappy, "uncouth" shadow

on your mind. Go to the tabernacle immediately, at least in spirit, and you will return to light, happiness and Life. (Furrow, 817)

Put your head frequently round the oratory door to say to Jesus: I abandon myself into your arms. Leave everything you have -- your wretchedness -- at his feet. In this way, in spite of the welter of things you carry along behind you, you will never lose your peace. (The Forge, 306)

Jesus has remained within the Eucharist for love... of you. He has remained, knowing how men would treat him... and how you would treat him. He has remained so that you could eat him, so that you could visit him and tell him what's happening to you; and so that you could talk to him as you pray beside the Tabernacle, and as you receive him sacramentally; and so that you could

fall in love more and more each day,
and make other souls, many souls,
follow the same path. (The Forge,
887)

pdf | document generated
automatically from [https://opusdei.org/
en-uk/dailytext/jesus-has-remained-
within-the-eucharist-for-love/](https://opusdei.org/en-uk/dailytext/jesus-has-remained-within-the-eucharist-for-love/)
(20/02/2026)