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"Blessed be that monotony of Hail Marys"

I have come to see that every Hail Mary, every greeting to Our Lady, is a new beat of a heart in love. (The Forge, 615)

24 May

``Immaculate Virgin, I know very well that I am only a miserable wretch, and all I do is increase each day the number of my sins ... " You told me the other day that was how you spoke to Our Mother. And I was confident in advising you with assurance to pray the Holy Rosary. Blessed be that monotony of Hail Marys which purifies the monotony of your sins! (Furrow, 475)

The Rosary is said not with the lips alone, muttering Hail Marys one after the other. That is the way overpious old men and women rattle them off. For a Christian, vocal prayer must spring from the heart, so that while the Rosary is said, the mind can enter into contemplation of each one of the mysteries. (Furrow, 477)

You always leave the Rosary for later, and you end up not saying it at all because you are sleepy. If there is no other time, say it in the street without letting anybody notice it. It will, moreover, help you to have presence of God. (Furrow, 478) pdf | document generated automatically from <u>https://opusdei.org/</u> <u>en-uk/dailytext/blessed-be-that-</u> monotony-of-hail-marys/ (02/08/2025)