

What are the other main characteristics of the spirituality of Opus Dei?

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They are divine filiation (awareness of being a child of God and acting accordingly), ordinary life (finding God in everyday things), charity and apostolate (like the early Christians, giving witness to their faith and helping others to know Christ), love for freedom (in anything that is not a matter of faith each person makes their own decisions and takes

responsibility for them), prayer and sacrifice (trying to have a constant dialogue with God and being ready to put their interests and those of others before their own) and unity of life (trying to live their faith in every aspect of their life).

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