

# What activities does Opus Dei hold for young people?

10/02/2006

Opus Dei centres organise formational activities for students and young workers, such as Christian doctrine classes, spiritual guidance, cultural events and service projects. Underpinning all these activities is the conviction that any serious attempt to serve the Church and society, to spread peace and joy in the world, and to build a more human, more just and more

Christian world, has to be based on study and ordinary work.

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