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# "There's so much more to parenting..."

In this 5-minute video, couples from all over the world share their experiences after attending the International Federation for Family Development (IFFD) Congress in Mexico.

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The International Federation for Family Development(**IFFD**) is a non-governmental, independent, and non-profit federation, whose primary

mission is to support and strengthen families.

Through participative methodology, the programs aim to help parents to improve their relationships with their spouses and develop their child-rearing skills, in order to confront the daily challenges faced by families with confidence, flexibility and good humor.

Extensive collaboration with numerous entities and more than 7,000 volunteers around the world means that IFFD programs are currently offered in 66 countries on five continents.

For more information on Family Development programs in the U.S. and around the world see:  
*Strengthening Families Around the World.*

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