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New DVD launched: "Take a Chance on Happiness"

Programme contains practical reflections on marriage and parenting from St Josemaria Escriva and from British and Irish couples

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A new video has been released containing very practical teachings of St Josemaría Escrivá on marriage and parenting which can help many couples living in the 21st Century,

"Take a chance on happiness" alternates images from the preaching of St Josemaría with testimonies of couples in England, Scotland and Ireland who talk about their challenges in marriage and family life, and who invite others to take a chance on the happiness to be found in forming a family.

St Josemaría taught that everyone can find God in their everyday activities - family life, work, recreation. "When I think of Christian homes, I like to imagine them as being full of the light and joy that were to be found in the home of the Holy Family", he wrote in *Christ is passing by*.

During the catechetical journeys that he made in the 1970s many of the meetings with parents were filmed, and today in the UK and Ireland there are many people who benefit

from his suggestions on how to form a Christian home.

The video was directed by Juan Martin Ezratty, and produced by *Digito Identidad* (www.digitoidentidad.com) based in Argentina.

Copies of the DVD can be obtained from [here](#).

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