

opusdei.org

## **"She was fulfilled, but in a different way"**

This is the fifth of a series of interviews commemorating the 75th anniversary of Opus Dei coming to Ireland. In this episode, Ciara Mannion describes how she finds meaning everyday by loving others in and through her work. Ciara is a wife and mother of two living in Galway.

08/25/2023

The episode also explores the challenge of perfectionism and ways of countering it with creativity and flexibility, and Ciara talks about her conversion and her own faith journey.

Ciara Mannion

Ciara Mannion

---

pdf | document generated  
automatically from <https://opusdei.org/en-uk/article/ireland-podcast-caring-for-others/> (04/02/2026)