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## iPray with the Gospel

'iPray with the Gospel' is a new resource which aims to help young people to pray. Many other people – of all ages – are finding it helpful.

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"Do you want to learn from Christ and follow the example of his life? Open the Holy Gospels and listen to God dialoguing with men — with you." St Josemaría, The Forge, 322

Download 'iPray with the Gospel' here.

Fr George Boronat is priest of Opus Dei and chaplain of Kelston Club & Study Centre and The Cedars School. He decided to produce 'iPray with the Gospel' to help youngsters develop the habit of mental prayer.

"This little booklet" he writes, "is designed to help you improve your friendship with Jesus Christ by using His Gospel, which is the best book for prayer. By following Him, His life, His words, His actions, you will fall in love with Him. You learn to walk by walking, to speak by speaking, and to pray... by praying. Have a daily time to chat with God and you will be closer to Him each day. He wants you to be his intimate friend. He wants you to become a saint. If you have this personal relationship with Him through prayer, then you will also be able to bring other

people closer to Him, and they in turn will discover the joy of friendship with Jesus and the call to holiness."

The booklet opens with the Introductory and Closing Prayers composed by St Josemaría. These are followed in the present volume – for Easter – with the Gospel passage and a short reflection for each day.

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