

opusdei.org

# How do people join Opus Dei?

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Any lay Catholic may ask to join Opus Dei. People who think they may have such a vocation are advised to attend activities of spiritual formation and take on the commitments of members for some time to discern whether it really is God's will for them. When they have matured in their decision, after a suitable time, they may ask for admission.

After a further eighteen months, if it is still their firm belief that God is

calling them, they may make a commitment with Opus Dei. This commitment involves on their part a decision to seek holiness in their ordinary lives, and on the part of Opus Dei to provide the necessary support and guidance.

The minimum age for making this commitment is 18. It needs to be renewed each year for at least five years before a lifelong commitment is possible.

People join Opus Dei by choice, and they remain equally free to leave.