

opusdei.org

Doing things a little better each day

St Josemaría explains how sanctity consists in doing the ordinary things of life a little better each day, in a DVD about marriage and family entitled “Take a chance on happiness”

26/03/2014

A new video has been released containing very practical teachings of St Josemaría Escrivá on marriage and parenting which can help many couples living in the 21st Century,

Copies of the DVD can be obtained from here.

pdf | document generated
automatically from [https://opusdei.org/
en-uk/article/doing-things-a-little-better-
each-day/](https://opusdei.org/en-uk/article/doing-things-a-little-better-each-day/) (23/02/2026)