

opusdei.org

# Catechesis on Healing the World

A collection of Pope Francis' audiences on healing a wounded world (2020), in the context of a global pandemic, downloadable as a free eBook.

09/30/2020

**ePub** ► [Healing the World](#)

**PDF** ► [Healing the World](#)

---

“The gesture that enables progress in a society, a family, a neighbourhood, or a city, everyone, is to give oneself, to give, which is not giving alms, but is a giving of self that comes from the heart. A gesture that distances us from selfishness and the anxiety of possessing. But the Christian way of doing this is not a mechanical way: it is a human way... Even the most sophisticated means, capable of doing many things, are incapable of one thing: tenderness. And tenderness is the very sign of Jesus’ presence. Approaching others in order to walk together, to heal, to help, to sacrifice oneself for others...

“Let us place this healing journey under the protection of the Virgin Mary, Our Lady of Health. May she, who carried Jesus in her womb, help us to be trustful. Inspired by the Holy Spirit, we can work together for the Kingdom of God that Christ inaugurated in this world by coming

among us. It is a Kingdom of light in the midst of darkness, of justice in the midst of so many outrages, of joy in the midst of so much pain, of healing and of salvation in the midst of sickness and death, of tenderness in the midst of hatred. May God grant us to “viralize” *love* and to “globalize” *hope* in the light of *faith*.”

---

pdf | document generated  
automatically from [https://opusdei.org/  
en-tt/article/pope-francis-catechesis-  
ebook-healing-the-world/](https://opusdei.org/en-tt/article/pope-francis-catechesis-ebook-healing-the-world/) (04/04/2026)