

opusdei.org

# Opus Dei Activities in Singapore

Opus Dei offers formation activities for men and women in Singapore, namely doctrine classes, days of recollection, retreats, and spiritual direction or confession. These aim to help participants live their faith in their daily lives and find holiness in the midst of the ordinary. Below is the list of activities and contacts:

10/31/2025

**RECOLLECTIONS**

## **Men**

*@St Joseph's  
Church(Victoria  
St) Parochial  
House*

- Every 1st  
Thursday  
7.15pm
- Every 4th  
Saturday  
10am

## **Young Professionals**

- Every 2nd  
Thursday  
7.15pm.

## **Women**

*@St Joseph's  
Church(Victoria St)  
Parochial House*

- Every 2nd  
Tuesday  
9.30am
- Every 3rd  
Thursday  
7.30pm

*@Hillcrest*

## **Young Adults (17-30 yrs)**

- Every 2nd  
Saturday  
2.30-5.30pm

**DOCTRINE CLASSES**

## **Men**

- Every 1st & 3rd Saturday 9.45am

## **Women**

- Every 1st & 3rd Tuesday 9.45am
- Every 2nd & 4th Wednesday 7.30pm (on Zoom)

## ***Contact:***

*Alvin Wong*

+65 9757 5847

## **Young Adults(17-30yrs)**

*@Hillcrest*

- Every Tuesday 8.30pm
- Every Saturday 2.30pm

**SPIRITUAL RETREATS (JB, Malaysia)**

## Men

**2025**

### Young Adults (17-25yrs)

- Dec 19-21

**2026**

- 29 Jan -1 Feb
- 26 Feb-1 Mar
- 2-5 Apr (*Holy  
Thu-Easter  
Sun*)
- 11 - 14 Jun
- 1-4 Oct
- 19 - 22 Nov

To register, fill in  
this [form](#)

**Contact:**

*John Chia*

## Women

**2026**

- Mar 12-15 sign
- Apr 9 - 12 sign
- May 14 - 17 sign
- Aug 27-30 sign
- Sep 24-27 sign
- Oct 29 - Nov 1  
up
- Nov 26 - 29 sign
- Dec 10 - 13 sign

### ***Young Professionals***

- Jun 18 - 21 sign

**Contact :**

*Whatsapp : +65 801*

*Email :*

*retreatsg2026@gma*

+65 9687 0390

*johnchia@gmail.com*

***Young Adults  
(17-30 yrs)***

- Feb 5 - 8
- May 21 - 24
- Dec 4 - 7

To register, fill in  
this [form](#)

***Young Adults  
Contact:***

*Nicholas Gan*

+65 8307 3733

***Young Adults (17-30)***

- Jan 9 - 11 sign up
- Mar 20 - 22 sign up
- May 30 - Jun 1 sign up
- Jul 25 - 27 sign up
- Nov 7-9 sign up
- Dec 18 - 20 sign up

***Young Adults Contact:***

*Email :*

*hgconnect@gmail.com*

*Whatsapp: +65 9108*

*Website :*

*www.hillcrestsg.com*

If you'd like to find out more, email  
***singapore.sg@opusdei.org***

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(03/16/2026)