

“You are salt, apostolic soul”

You are salt, apostolic soul. 'Salt is a useful thing', we read in the holy Gospel; but if the salt loses its taste, it is good for nothing, neither for the land nor for the manure heap; it is thrown out as useless. You are salt, apostolic soul. But if you lose your taste... (The Way, 921)

March 4

We Catholics have to go through life being apostles, with God's light and God's salt. We should have no fear,

and we should be quite natural; but with so deep an interior life and such close union with Our Lord that we may shine out, preserving ourselves from corruption and from darkness, and spread around us the fruits of serenity and the effectiveness of Christian doctrine. (The Forge, 969)

In times of general confusion it may seem as though God is not listening to your pleading with him on behalf of *his* souls, and is turning a deaf ear to your calls. You even reach the point of thinking that all your apostolic labors have been in vain. Don't worry! Carry on working with the same cheerfulness, the same energy, the same zeal. Allow me to insist: when you work for God, *nothing* is unfruitful. (The Forge, 978)

My child, all the seas of this world are ours and the places where it is harder to fish are the places where it

is all the more necessary. (The Forge, 979)

Through your Christian doctrine, your upright life and your work well done, you have to give good example to the people around you -- relatives, friends, colleagues, neighbours, pupils -- in the way you carry out your profession and fulfill the duties your job entails. You cannot be a shoddy worker. (The Forge, 980)

pdf | document generated
automatically from [https://opusdei.org/
en-ph/dailytext/you-are-salt-apostolic-
soul/](https://opusdei.org/en-ph/dailytext/you-are-salt-apostolic-soul/) (08/17/2025)