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# What is the best way to serve society?

"You are serving your fellow-men when you work for their spiritual good and their material good... Look for the good, seek life, and struggle."

01/31/2012

*Short clip from a get-together with Saint Josemaria in Spain.*

**Father, What is the best way to serve society?**

Serving society? You are serving your fellow-men when you work for their spiritual good and their material good. If we each make a little effort, peace and tranquillity and serenity will return to this violent world. But for there to be peace, there has to be a war! Do you have a war? I do! We all have a war on inside. I'll say what I always say: there is something that pulls us downwards, right? And there's another influence from God pulling us upwards, and we can choose between good and evil, between life and death, and we hesitate between the two, because we are free. Look for the good, seek life, and struggle. Sometimes you'll be beaten. Say sorry and begin again. OK?

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en-ph/article/what-is-the-best-way-to-serve-society/ (02/09/2026)