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Saint Raphael Meditation: Your Words are Spirit and Life

A meditation (guided prayer)
about the nourishment we can
draw from Sacred Scripture.

08/01/2020

The Word of God is a powerful
reality. Nourishing ourselves with it
through reading, reflection and
prayer is a sure way to change our
lives.

To listen to this meditation, click **here**.

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(08/11/2025)