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# Feast of the Most Holy Trinity

On the first Sunday after Pentecost, the Church celebrates the Solemnity of the Most Holy Trinity. Here are some resources for growing in devotion to the Trinity.

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## Resources for prayer on the solemnity of the Most Holy Trinity

- [Gospel commentary](#) and [meditation](#) for the day

- The Eucharist and the Mystery of the Trinity (from a homily by Saint Josemaria)
  - Angelic Trisagion (prayer to the Most Holy Trinity)
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## **Doctrinal texts and frequently asked questions about the Most Holy Trinity**

- Summaries of Catholic Teaching:
  - Topic 4: God, the Creator
  - Topic 12: The Incarnation
  - Topic 14: The Holy Spirit and His Action in the Church

- Topic 36: Praying the Our Father
  - Questions about the Faith: “I believe in God, One and Triune”
  - That Trinitarian Current of Love (editorial from the “Light of Faith” series)
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**From a pastoral letter of Bishop Javier Echevarria (1 June 2012):**

And so that we don't forget, amid the ups and downs of life, the joyful destiny that awaits us, the liturgy invites us to celebrate and contemplate, next Sunday, the mystery of the Most Holy Trinity: one God in three Persons, whose definitive possession and enjoyment will bring us the goal of our existence. Let us prepare as well as possible for this solemnity.

Following an ancient custom in the Church, Saint Josemaria recommended that for three days in the Centers of the Work we pray the *Trisagium Angelicum*. This prayer impels us to participate intimately in the prayer of praise, thanksgiving and glorification that the angels and the blessed souls address incessantly to our triune God. Those of us who had the opportunity of praying it with our Father saw his joy when praising the three divine Persons during the decades of the prayer.

*Tibi laus, Tibi Gloria, Tibi gratiarum actio in saecula sempiterna, O Beata Trinitas!* We will once again invoke God with these words during this Triduum, directing our prayer to the Father, Son and Holy Spirit. *To thee, O Blessed Trinity, be praise, and glory, and thanksgiving, for ever and ever!* And we will unite ourselves to the song of heaven, while we repeat: *Sanctus, Sanctus, Sanctus Dominus*

*Deus exercituum...* Holy, Holy, Holy,  
Lord God of hosts. Heaven and earth  
are filled with your glory.

It is very significant that, precisely  
upon once again beginning ordinary  
liturgical time, the Church invites us  
to raise our heart, our voice and our  
eyes to the Most Holy Trinity. This  
should be the ambition of all men  
and women while still here on earth,  
because we were created to know  
and love God now and to enjoy him  
afterwards for all eternity.