

opusdei.org

## **“Go perseveringly to the Tabernacle”**

Go perseveringly to the Tabernacle, either bodily or in your heart, so as to feel safe and calm: but also in order to feel loved... and to love. (The Forge, 837)

January 27

I copy some words which a priest wrote for those who followed him in an apostolic enterprise: ``When you contemplate the Sacred Host exposed on the altar in the monstrance, think how great is the love, the tenderness

of Christ. My way to understand it is by thinking of the love I have for you: if I could be far away, working, and at the same time at the side of each one of you, how gladly I would do it! But Christ really can do it! He loves us with a love that is infinitely greater than the love that all the hearts of the world could hold; and he has stayed with us so that we can join ourselves at any time to his most Sacred Humanity, and so that he can help us, console us, strengthen us, so that we may be faithful.'" (The Forge, 838)

The external signs of love should come from the heart and find expression in the testimony of a christian life. If we have been renewed by receiving our Lord's body, we should *show* it. Let us pray that our thoughts be sincere, full of peace, self-giving and service. Let us pray that we be true and clear in what we say — the right thing at the

right time — so as to console and help and especially bring God's light to others. Let us pray that our actions be consistent and effective and right, so that they give off “the good fragrance of Christ,” evoking his way of doing things. (Christ is passing by, 156)

---

pdf | document generated  
automatically from <https://opusdei.org/en-nz/dailytext/go-perseveringly-to-the-tabernacle/> (01/23/2026)