

opusdei.org

# **Saint Raphael Meditation: You are a Child of God**

A meditation (guided prayer) on  
our identity as children of God.

01/12/2022

Jesus came to make us children of  
God, to allow us to enter into God's  
divine family, in a personal  
relationship with God Himself.

To listen to the meditation, click  
**here**.

*This meditation is part of the podcast "Meditations in Manhattan." You can subscribe to that podcast on Apple Podcasts, Google Podcasts, Spotify, Pocket Casts, Stitcher, Podcast Addict, or wherever you listen to your podcasts.*

---

pdf | document generated  
automatically from <https://opusdei.org/en-nz/article/saint-raphael-meditation-you-are-a-child-of-god/> (02/08/2026)