

# **“People are not born holy. Holiness is forged.”**

Everything in which we poor men have a part--even holiness--is a fabric of small trifles which, depending upon one's intention, can form a magnificent tapestry of heroism or of degradation, of virtues or of sins. The epic legends always relate extraordinary adventures, but never fail to mix them with homely details about the hero.--May you always attach great importance to the little things. This is the way! (The Way, 826)

5 April

The main thing we are asked to do, which is so much in keeping with our nature, is to love: ‘charity is the bond of perfection’ [1]; a charity that is to be practised exactly as Our Lord himself commands: ‘Thou shalt love the Lord thy God, with thy whole heart, and with thy whole soul, and with thy whole mind’ [2], holding back nothing for ourselves. This is what sanctity is all about.

Certainly our goal is both lofty and difficult to attain. But please do not forget that people are not born holy. Holiness is forged through a constant interplay of God’s grace and the correspondence of man. As one of the early Christian writers says, referring to union with God, ‘Everything that grows begins small. It is by constant and progressive

feeding that it gradually grows big.’  
So I say to you, if you want to become  
a thorough-going Christian — and I  
know you are willing, even though  
you often find it difficult to conquer  
yourself or to keep climbing upwards  
with this poor body of ours — then  
you will have to be very attentive to  
the minutest of details, for the  
holiness that Our Lord demands of  
you is to be achieved by carrying out  
with love of God your work and your  
daily duties, and these will almost  
always consist of small realities.  
(Friends of God, 6-7)

[1] Col 3:14

[2] Matt 22:37