

# Audio Meditation: Christmas, the Birth of our Lord

A meditation (guided prayer) on  
the birth of our Lord at  
Christmas.

27/12/2022

Jesus Christ, Our Savior, is born for us. Come, let us adore him. Today the whole Christian world gathers around together where the baby Jesus lies in a manger. May Christmas be for us an encounter with the Lord that transforms our

lives, an invitation to contemplate the face of the Infant Jesus. Listen to this meditation by Father Henry Bocala here:

*This meditation is part of the podcast "Meditations in Manhattan." You can subscribe to it on [Apple Podcasts](#), [Google Podcasts](#), [Spotify](#), [Pocket Casts](#), [Stitcher](#), [Podcast Addict](#), or wherever you listen to your podcasts.*

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