

opusdei.org

“The kingdom of God has reached your heart.”

Why don't you try converting your whole life into the service of God - your work and your rest, your tears and your smiles? You can... and you must! (The Forge, 679)

July 29

Don't succumb to that disease of character whose symptoms are inconstancy in everything, thoughtlessness in action and speech

scatter-brained ideas: superficiality, in short. Mark this well: unless you react in time--not tomorrow: *now!*--that superficiality which each day leads you to form those empty plans (plans 'so full of emptiness') will make of your life a dead and useless puppet. (The Way, 17)

Your task as a Christian citizen is to help see Christ's love and freedom preside over all aspects of modern life: culture and the economy, work and rest, family life and social relations. (Furrow, 302)

Just as Christ “went about doing good” [1] throughout Palestine, so must you also spread peace in your family circle, in civil society, on the job, and in your cultural and leisure activities. This will be the best proof that the kingdom of God has reached your heart. As St John wrote: “We know that we have passed out of death into life, because we love the

brethren” [2]. (Christ is passing by,
166)

[1] Acts 10:38

[2] 1 John 3:14

pdf | document generated
automatically from [https://opusdei.org/
en-lk/dailytext/the-kingdom-of-god-has-
reached-your-heart/](https://opusdei.org/en-lk/dailytext/the-kingdom-of-god-has-reached-your-heart/) (02/19/2026)