

opusdei.org

# **“He calls each and every one to holiness”**

Prayer is not the prerogative of monks; it is a Christian undertaking of men and women of the world who know themselves to be children of God. (Furrow, 451)

March 1

We are deeply moved, and our hearts profoundly shaken, when we listen attentively to that cry of St Paul: 'This is God's will for you, your

sanctification' [1]. Today, once again, I set myself this goal and I also remind you and all mankind: this is God's Will for us, that we be saints.

In order to bring peace, genuine peace, to souls; in order to transform the earth and to seek God Our Lord in the world and through the things of the world, personal sanctity is indispensable. In my conversations with people from so many countries and from all kinds of social backgrounds, I am often asked: 'What do you say to us married folk? To those of us who work on the land? To widows? To young people?'

I reply systematically that I have only 'one stewing pot'. I usually go on to point out that Our Lord Jesus Christ preached the good news to all, without distinction. One stewing pot and only one kind of food: 'My food is to do the will of him who sent me, and to accomplish his work' [2]. He

calls each and every one to holiness; he asks each and every one to love him: young and old, single and married, healthy and sick, learned and unlearned, no matter where they work, or where they are. There is only one way to become more familiar with God, to increase our trust in him. We must come to know him through prayer; we must speak to him and show him, through a heart to heart conversation, that we love him.

'Call upon me and I shall hear you.'  
The way to call upon him is to talk to him, turn to him. Hence we have to put into practice the Apostle's exhortation: *sine intermissione orate*; pray always, no matter what happens. 'Not only with your heart, but with all your heart.' (Friends of God, 294-295)

[1] 1 Thess 4:3

[2] John 4:34

.....

pdf | document generated  
automatically from [https://opusdei.org/  
en-lk/dailytext/he-calls-each-and-every-  
one-to-holiness/](https://opusdei.org/en-lk/dailytext/he-calls-each-and-every-one-to-holiness/) (04/10/2026)