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# Growing on the Inside (Audio)

A meditation by Fr Eric Nicolai from Canada for the feast of St Joseph

03/19/2020

An account of the six months Bl. Alvaro spent with St. Josemaria and others in the Legation of Honduras in Madrid in 1937. For the refugees there was lethargy and inactivity. For Don Alvaro, Josemaria and others, it was luminous. It was a time to grow inside.

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