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# **Update on Spiritual Retreats during COVID-19**

In the current climate of COVID-19, and in compliance with health and safety directives by the Ministries of Health in some of the East African countries, the spiritual retreats in Opus Dei retreat houses or conference centres in East Africa are suspended until further notice.

08/26/2020

The new schedule of retreats for 2020 will be shared on this platform when ready, with the requisite measures compliant with the Ministries of Health in Kenya and Uganda.

Meanwhile, the various centres continue to organise online recollections for interested parties.

Those individuals would prefer to attend the recollections privately, can also make use of the relevant resources on this website such as those provided for the online recollection for August 2020.