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# **Spiritual retreats in East Africa 2017**

A Spiritual Retreat is time spent away from your ordinary occupations, during which you can reflect on how you live your faith in your everyday work, family life and relationships with others. Here are the retreat dates for 2017.

01/01/2017

## **Download Brochures**

[Tigoni Retreats 2017](#)

## Jahazi Retreats 2017

A list of Spiritual Retreat in the following towns and conference centres.

### **Nairobi (Kenya)**

- **Tigoni Study Centre**
- **Tigoni House**
- **Kimlea Clinic**
- **Eastlands College**

### **Mombasa (Kenya)**

- **Jahazi**

### **Kampala (Uganda)**

- **Tusimba Study Centre:**
- **Tusimba House: Kampala (Uganda)**

### **Kisumu (Kenya)**

### **Nyeri- Thika (Kenya)**

### **Mumias (Kenya)**

# **Dar es Salam (Tanzania)**

## **Women**

- Women
- Young Women
- School Girls
- Hospitality Students
- University & College Students

## **Men**

- Spiritual Retreats for Men
- Retreat For Priests
- Seminar for Seminarians
- Spiritual Retreats for Young Men
- Spiritual Retreats for School boys

## **For women**

**Weekend: Thursday 7pm - Sunday 4pm**

**February 2 - 5\* Tigoni Study Centre**

March 30 - 2 April **Kisumu**

April 6 – 9 **Tusimba Study Centre**

April 27 - 30\*\*\* **Tigoni House**

May 4 - 7\*\* **Tigoni Study Centre**

May 5 – 7\*\*\*\* **Jahazi**

May 25 - 28 **Nyeri- Thika**

June 22 - 25\* **Tigoni Study Centre**

July 6 – 9 **Eldoret**

July 6 - 9\*\***Tigoni Study Centre**

July 20 - 23\***Tigoni Study Centre**

July 27 – 30 **Tusimba Study Centre**

July 27 - 30 **Dar es Salam**

August 17 -20 **Busia**

August 17 - 20\*\*\* **In Kiswahili  
Tigoni House**

**October 26 – 29 Tusimba Study Centre**

**October 26 - 29\* Tigoni Study Centre**

**November 2 – 5 \*\*\*\* Jahazi**

**November 9 - 12\*\*\* Tigoni House**

**November 30 - December 3\*\* Tigoni Study Centre**

**Weekday: Monday 10am -  
Wednesday 4pm**

**March 20 - 22\*\* Tigoni Study Centre**

**May 29 - 31\* Tigoni Study Centre**

**June 5 - 7\*\* Tigoni Study Centre**

**August 7 - 9\* Tigoni Study Centre**

**August 28 - 30\*\* Tigoni Study Centre**

**October 2 - 4\*\* Tigoni Study Centre**

**December 4 - 6\* Tigoni Study Centre**

## **Reservations:**

*\* Samara: +254 722530449 or  
0202406491*

*\*\* Olokira: +254 722625468*

*\*\*\*Watani: +254 720892247*

*\*\*\*\*Jawabu: +254 734822906 or +254  
720313841*

## **For young women**

## **Young Professionals**

**Weekend: Thursday 7pm - Sunday  
4pm**

**January 19 – 22 Tusimba House**

**March 23 - 26 Kimlea Clinic**

**May 4 – 7 Tigoni House**

**April 20 – 23 Tusimba House**

**April 27 – 30 Kisumu**

**September 7 – 10 Tigoni House**

**September 14 – 17 Tusimba House**

**November 2 – 5 Tigoni House**

**Reservations: Roshani: +254  
703228653**

## **School Girls**

**Weekend: Thursday 7pm - Sunday  
4pm**

**April 10 – 12 Tigoni House**

**August 14 – 16 Tigoni House**

**November 20 – 22 Tigoni House**

**Reservations: Faida: +254 721243131**

## **Hospitality Students**

**April 17 - 19\* Tigoni House**

**April 20 - 23\* Kimlea Clinic**

**April 24 - 26\*\*Tigoni House**

**December 4 - 6\*\*Tigoni House**

**December 4 - 6\* Kimlea Clinic**

**Reservations:**

*\*Watani: +254 720662159*

*\*\*Kianda Catering: +254 774175424*

**University & College Students**

**Weekend: Thursday 7pm - Sunday  
4pm**

**February 16 - 19\*\* Tigoni House**

**March 2 - 5\* Tigoni House**

**June 22 - 25\* Tigoni House**

**July 20 - 23\*\* Tigoni House**

**October 12 - 15\* Tigoni House**

**November 16 - 19\*\* Tigoni House**



## **Reservations:**

*\* Fanusi: +254 708242699*

*\*\* Keri: +254 724501852 or +254 703034480/1*

## **For men**

**Weekend: Thursday 7pm - Sunday 4pm**

**March 9 – 12 Tigoni Study Centre**

**March 16 – 19 Mumias**

**March 16 – 19 Tusimba Study Centre**

**March 30 - April 2 Jahazi**

**June 1 - 4 Tusimba Study Centre**

**June 1 – 4 Tigoni Study Centre**

**June 15 - 18 In Kiswahili Tigoni House**

June 29 - July 2 **Jahazi**

June 29 - July 2 **Tigoni Study Centre**

July 13 – 16 **Mumias**

July 27 - 30 **Tigoni Study Centre**

August 31 - September 3 **Tigoni Study Centre**

September 21 – 24 **Tigoni Study Centre**

October 19 – 22 **Tusimba Study Centre**

October 19 – 22 **Mumias**

October 26 – 29 **Jahazi**

November 23 – 26 **Tigoni Study Centre**

**Spiritual Retreat for Priests**

**Weekday: Monday 10am - Friday 10am**

**May 8 - 12 Tigoni Study Centre**

**September 11 - 22 Seminar Jahazi**

**December 27 - 31 Jahazi**

## **Seminar for Seminarians**

**Weekday: Monday 10am - Friday  
10am**

**May 8 - 12 Tigoni House**

### **Reservations:**

*Imara Educational Foundation*

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

## **Young men**

**Spiritual Retreats for University  
Students & Young Professionals**

**Weekend: Thursday 7pm - Sunday 4pm**

**January 12 – 15 Tusimba House**

**January 26 – 29 Tigoni House**

**February 16 – 19 Tusimba House**

**February 23 – 26 Jahazi**

**March 2 – 5 Tusimba House**

**April 13 - 16 Kisumu**

**June 1 – 4 Tigoni House**

**June 29 - July 2 Tigoni House**

**July 27 – 30 Tigoni House**

**August 24 – 27 Tigoni House**

**August 31 – 3 Sept Tusimba House**

**September 14 – 17 Kisumu**

**September 21 – 24 Jahazi**

**September 21 – 24 Tigoni House**

**September 28 – 1 Oct Tusimba House**

**October 5 – 8 Tigoni House**

**October 19 – 22 Tigoni House**

**November 16 – 19 Kisumu**

**November 23 – 26 Jahazi**

**November 23 – 26 Tigoni House**

**Reservations: +254 720278295**

**Spiritual Retreats for School boys**

**Weekend: Thursday 7pm - Sunday 4pm**

**February 23 – 26 Tigoni House**

**February 27 - March 1 Tigoni House**

**April 7 – 9 Eastlands College**

**August 21 – 23 Tigoni House**

**October 9 – 11 Tigoni House**

**November 27 – 29 Tigoni House**

**December 7 – 9 Tigoni House**

**Reservations: +254 738406311**

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