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Spiritual Retreats 2025

01/07/2025

Women

- Retreat for Women
- Retreat for Young Women
- Retreat for University & College Students

Men

- Retreats for Men
- Retreats for Young Men (young professionals)

- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

23 Jan to 26- **Tigoni Study Centre** Jan **

27-Feb to 02- **Tigoni Study Centre** Mar **

06-Mar to 09- **Tusimba Study** Mar **Centre**

Apr	Tigoni House***
10-Apr to 13- Apr	Eldoret
24-Apr to 27 Apr	Tigoni Study Centre *
01-May to 04-May	Tusimba Study Centre

Homabay

Meru

Tigoni Study Centre *

07-Apr to 09-

15-May to

29-May to

30-May to

01-June

01-June

18-May

04	-june	
	-June to -June	Tigoni House ***
03 Ju	-July to 06- ly	Tigoni Study Centre*
10 Ju		Tigoni Study Centre**
31 Au	, ,	Tusimba Study Centre
07 Au	-Aug to 10- ig	Tigoni Study Centre*
14 Au	O	Tigoni House*** in Kiswahili

02-June to Tigoni Study Centre

04-Iune

21-Aug to 24- **Tigoni Study** Centre** Aug

28-Aug to 31- **Bungoma** Aug

15-Sept to 17 **Tigoni House***

Sept

20-Oct to 22 Tigoni House** Oct

6-Nov to 09-Tigoni Study Centre* Nov

13-Nov to 16- **Tigoni Study** Centre** Nov

4-Dec to 07-

Dec

Moshi

4-Dec to 07-Dec Tigoni Study Centre*

4-Dec to 07-Dec Tigoni House***

Reservations:

* Samara: +254 722703197

MPesa Paybill 4087735 Kianda Foundation

** Olokira: +254 703034471 +254 722 625468

MPesa Paybill: 324890 Account: Retreat dates

***Watani: +254 572522743

**** Jawabu: +254 720313841

Tusimba Study Centre and House: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

03-Apr to 06-Apr Tigoni House*

04-Sep to 07-Sep Tigoni House*

20-Nov to 23-Nov Tigoni House*

Reservations:

*Roshani 020 2712258, 0797 675 667

Email: roshanicentre@gmail.com

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

Tusimba House 09-Jan to 12-Jan 22-May to 25-Dar (Tanzania) May 29-May to 01- Tusimba House June

17-July to 20-Tigoni House **** July

07-Aug to 10-

Tigoni House ** Sep

11-Aug to 13-Kimlea**** Aug

11-Sept to 14-**Eldoret** Sept

16-Oct to 19-Oct Tigoni House **

Tusimba House 16-Oct to 19-Oct

17-Nov to 19-Nov

Tigoni House****

20-Nov to 23-

Nov

Kisumu

Reservations:

* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

** Keri: +254 703034480/1

*** Jawabu: +254 720313841

**** Watani: +254 572522743

***** Tusimba Study Centre and House: +256 773781896 or +256 783488419

For Men

Weekend: Thursday 7pm - Sunday 4pm

13-Mar to 16-Mar

27-Mar to 30-Mar **Tigoni Study Centre**

27-Mar to 30- **Tusimba Study** Mar **Centre**

24-Apr to 27-Apr **Dar (Tanzania)** 01-May to 04-May **Tigoni Study Centre**

23-May to 25- **Tigoni House In** May **Kiswahili**

26-June to 29-June **Tigoni Study Centre**

17-July to 20- **Tusimba Study** July **Centre**

24-July to 27-July Tigoni Study Centre

18-Sept to 21- **Tusimba Study**Sept **Centre**

25-Sept to 28-Sept **Dar (Tanzania)**

Oct	Tigoni House
16-Oct to 19- Oct	Bungoma
23-Oct to 26- Oct	Tigoni Study Centre
23-Oct to 26- Oct	Tusimba Study Centre
06-Nov to 09- Nov	Jahazi
06-Nov to 09- Nov	Eldoret

Tigoni Study Centre

Tigoni House

09-Oct to 12-

27-Nov to 30-

Nov

01-Dec to 03-Dec Tigoni Study Centre

For Young men

Weekend: Thursday 7pm - Sunday 4pm

Young Professionals

20-Feb to 23-Feb Tigoni House

17-Apr to 20-Apr Riverside

05-June to 08-June **Tigoni House**

25-Sept to 28-Sept **Tigoni House**

23-Oct to 26-Oct **Tigoni House**

University & College Students

30-Jan to 02-Feb **Tigoni House** 21-Feb to 23-Feb Riverside 13-Mar to 16-Mar Tusimba House 01-May to 4-May **Tigoni House** 06-June to 8-June Riverside 26-June to 29-June Tigoni House 28-Aug to 31-Aug Tigoni House 17-Oct to 20-Oct Riverside 27-Nov to 30-Nov **Tigoni House**

Reservations:

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am

05-May to 08- **Tusimba Study**May **Centre**

05-May to 09- **Tigoni Study** May **Centre**

27-Dec to 31-Dec Jahazi

Seminar for Priests

15-Sep to 19-Sep Jahazi

Seminar for Seminarians

05-May to 09- **Tigoni House** May **KENYA**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreats for School boys

16-Jan to 19-Jan **Tusimba House**

14-Feb to 16-Feb Kisumu

11-Apr to 13-Apr Eastlands ***

14-Apr to 16-Apr Riverside *

08-Aug to 10-Aug Eastlands ***

15-Aug to 17-Aug **Kisumu**

14-Nov to 16-Nov **Kisumu**

21-Nov to 23-Nov Eastlands ***

24-Nov to 26-Nov **Tigoni House***

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

***Eastlands Centre +254 718 340 800

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