opusdei.org

# Spiritual Retreats 2024

The following spiritual retreats have been organised at the various venues listed below.

01/09/2024

#### Women

- Retreat for Women
- Retreat for Young Women
- Retreat for University & College Students

## Men

Retreats for Men

- Retreats for Young Men (young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

#### For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

18 Jan to 21- **Tigoni Study Centre** Jan \*\*

22-Feb to 25- **Tusimba Study** Feb **Centre** 

29-Feb to 03- **Tigoni Study Centre** Mar \*\*

14-Mar to 17-Mar **Tigoni Study Centre \*** 

15-Apr to 17-Apr **Tigoni House\*\*\*** 

29-Apr to 01-May **Tigoni Study Centre\*\*** 

29-Apr to 01- **Tusimba Study**May **Centre** 

02-May to The same of the same

Tigoni Study Centre \*

16-May to Homabay

05-May

19-May

16-May to **Tusimba Study** 19-May **Centre** 23-May to Meru 26-May 13-Jun to 16- **Tigoni House\*\*\*** Iun 16-Jun to 19- **Tusimba Study** 

Jun Centre 11-Jul to 14- **Tigoni Study Centre \*** 

Jul

09-Aug to 11- Tigoni House\*\*\* in Kiswahili Aug

15-Aug to 18- **Tigoni House** Aug

29-Aug to 01- **Tigoni Study Centre** Sep \*\*\*

09-Sep to 11-Sep **Tigoni House\*** 

12-Sep to 15-Sep **Tigoni House \*\*** 

19-Sep to 22- **Tusimba Study** Sep **Centre** 

03-Oct to 06-Oct Tigoni Study Centre \*

21-Oct to 23-Oct **Tigoni House \*\*** 

07-Nov to 10-Nov Tigoni Study Centre \* 14-Nov to **Tigoni Study Centre** 17-Nov \*\*

21-Nov to **Tusimba Study** 24-Nov **Centre** 

05-Dec to 08-Dec **Tigoni Study Centre \*** 

05-Dec to 08-Dec Tigoni House\*\*\*

## **Reservations:**

\* Samara: +254 202406491

MPesa Paybill 4087735 Kianda Foundation

\*\* Olokira: +254 703034471 +254 722 625468 MPesa Paybill: 324890 Account: Retreat dates

\*\*\*Watani: +254 572522743

\*\*\*\* Jawabu: +254 720313841

Tusimba Study Centre and House: +256 773781896 or +256 783488419

For young women

**Young Professionals** 

Weekend: Thursday 7pm - Sunday 4pm

11-Apr to 14-Apr Tigoni House\*

05-Sep to 08-Sep Tigoni House\*

22-Nov to 24-Nov Tigoni House\*

**Reservations:** 

\*Roshani 020 2712258, 0797 675 667

Registration: <a href="http://tinyurl.com/">http://tinyurl.com/</a> RoshaniRetreats2024

Email: roshanicentre@gmail.com

**University & College Students** 

Weekend: Thursday 7pm - Sunday 4pm

18-Jan to 21-Jan \*\*\*\*\*\*

02-May to 05-May **Tigoni House \*** 

30-May to 02- **Tusimba House** Jun \*\*\*\*\*

26-Aug to 28-Aug Tigoni House \*\*\*\* 29-Aug to 01-Sep

Tigoni House \*\*

12-Sep to 15-Sep

Eldoret

17-Oct to 20-Oct **Tigoni House** \*\*

17-Oct to 20-Oct **Tusimba House** 

15-Nov to 17-Nov

Kisumu

## **Reservations:**

\* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

\*\* Keri: +254 703034480/1

\*\*\* Jawabu: +254 720313841

\*\*\*\* Watani: +254 572522743

\*\*\*\*\* Tusimba Study Centre and House: +256 773781896 or +256 783488419

### For Men

Weekend: Thursday 7pm - Sunday 4pm

08-Feb to 11-Feb **Jahazi** 

22-Feb to 25-Feb Tigoni Study Centre

29-Feb to 03- **Tusimba Study** Mar **Centre** 

14-Mar to 17-Mar

25-Apr to 28- Apr	Tigoni Study Centre
09-May to 12-	Tusimba Study
May	Centre

23-May to 26- **Tigoni Study Centre** May

27-Jun to 30-**Tigoni Study Centre** Jun

27-Jun to 30- Tusimba Study Jun Centre

25-Jul to 28-**Tigoni Study Centre** 

Jul

26-Jul to 28- **Tigoni House In** Kiswahili Jul

19-Sep to 22- Sep	Tigoni Study Centre
26-Sep to 29- Sep	Tusimba Study Centre
10-Oct to 13- Oct	Tigoni House

Dar es Salaam

12-Sep to 15-

Sep

17-Oct to 20-Oct

Kisumu

07-Nov to 10-Nov

Jahazi

28-Nov to 01-Tigoni Study Centre

02-Dec to 04-Dec Tigoni Study Centre

For Young men

Weekend: Thursday 7pm - Sunday 4pm

**Young Professionals** 

14-Mar to 17-Mar Tusimba House

23-May to 26-May Tigoni House

19-Sep to 22-Sep **Tigoni House** 

24-Oct to 27-Oct **Tusimba House** 

**University & College Students** 

01-Feb to 04-Feb Tigoni House
23-Feb to 25-Feb Riverside
07-Mar to 10-Mar Tusimba House
11-Apr to 14-Apr Dar es Salaam

25-Apr to 28-Apr **Tigoni House** 

06-Jun to 09-Jun **Tigoni House** 

28-Jun to 30-Jun **Riverside** 

18-Jul to 21-Jul Kisumu

19-Jul to 21-Jul Riverside

12-Sep to 15-Sep **Tusimba House** 

26-Sep to 29-Sep **Tigoni House** 

01-Nov to 03-Nov Eastlands

28-Nov to 01-Dec Tigoni House

Reservations:

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

**Spiritual Retreat for Priests** 

Weekday: Monday 10am - Friday 10am 22-Jan to 26- **Tusimba Study**Jan **Centre** 

06-May to 10- **Tigoni Study**May **Centre** 

27-Dec to 31-Dec **Jahazi** 

Seminar for Priests

17-Sep to 21-Sep Jahazi

**Seminar for Seminarians** 

06-May to 10- **Tigoni House** May **KENYA** 

**Reservations:** 

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

**Spiritual Retreats for School boys** 

25-Jan to 28-Jan **Tusimba House** 

12-Apr to 14-Apr Eastlands \*\*\*

15-Apr to 17-Apr Riverside \*

09-Aug to 11-Aug Eastlands \*\*\*

25-Nov to 27-Nov **Tigoni House \*** 

01-Nov to 03-Nov Eastlands \*\*\*

02-Dec to 04-Dec Kisumu

#### **Reservations:**

\*Hodari +254 720 278 295

\*\*Nyali +254 720 388 255

\*\*\*Eastlands Centre +254 718 340 800

pdf | document generated automatically from https://opusdei.org/ en-ke/article/spiritual-retreats-2024/ (12/11/2025)