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Spiritual Retreats 2023

The following spiritual retreats have been organised at the various venues listed below in 2023.

01/03/2023

Women

- Retreat for Women
- Retreat for Young Women
- Retreat for University & College Students

Men

- Retreats for Men
- Retreats for Young Men (young professionals)
- Retreats for University & College Students
- Retreats For Priests
- Seminar For Priests
- Seminar for Seminarians
- Spiritual Retreats for School boys

For women

Weekend: Thursday 7pm - Sunday 4pm

Weekday: Monday 10am -Wednesday 4pm

23-Jan to 25-Jan **Tigoni Study Centre**

09-Feb to 12-Feb **Tusimba Study Centre**

02-Mar to 05-Mar **Tigoni Study Centre ****

10-Mar to 12-Mar Eldoret

20-Mar to 22-Mar **Tigoni Study Centre** *

13-Apr to 16-Apr **Tigoni House** ***

20-Apr to 23-Apr **Tusimba Study Centre**

11-May to 14-May Tigoni House **

01-Jun to 04-Jun **Tigoni Study Centre**

06-Jul to 09-Jul **Tusimba Study Centre**

20-Jul to 23-Jul **Tigoni Study Centre**

03-Aug to 06-Aug **Tigoni Sudy Centre****

17-Aug.to 20-Aug **Tigoni House** Kiswahili ***

24-Aug to 27-Aug **Tigoni Study Centre** *

24-Aug to 27-Aug Dar es Salam

31-Aug to 03-Sep **Tigoni Study** Centre **

31-Aug to 03-Sep **Tigoni Study** Centre *

08-Sep to 11-Sep **Tigoni House** Kiswahili ***

21-Sep to 24-Sep **Tusimba Study Centre**

26-Oct to 29-Oct Tigoni House *

02-Nov to 05-Nov **Tigoni Study Centre** **

16-Nov to 19-Nov **Tigoni Study Centre** *

09-Nov to 12-Nov Tigoni House ***

23-Nov to 26-Nov **Tusimba Study Centre**

30-Nov to 03-Dec **Tigoni Study Centre** **

04-Dec to 06-Dec **Tigoni Study Centre** *

Reservations:

* Samara: +254 202406491

MPesa Paybill 4087735 Kianda Foundation

** Olokira: +254 703034470/2

MPesa Paybill: 324890 Account: Retreat dates

***Watani: +254 572522743

**** Jawabu: +254 726895206 or +254 720313841

Tusimba Study Centre and House: +256 773781896 or +256 783488419

For young women

Young Professionals

Weekend: Thursday 7pm - Sunday 4pm

23-Mar to 25-Mar **Tigoni Study Centre** *

22-Jun to 25-Jun **Tigoni Study Centre**

14-Sep to 17-Sep Tigoni House *

09-Nov to 12-Nov Tigoni House *

21-Sep to 24-Sep Dar es Salam

30-Nov to 03-Dec Tigoni House **

Reservations:

*Roshani +254 202712258

**Watani: +254 572522743

University & College Students

Weekend: Thursday 7pm - Sunday 4pm

12-Jan to 15-Jan **Tusimba House*******

10-Apr to 12-Apr Tigoni House *

24-Apr to 26-Apr Tigoni House ****

28-Apr to 01-May **Tusimba House**

08-Jun to 11-Jun **Tusimba House**

15-Jun to 18-Jun Tigoni House *

20-Jul to 23-Jul Tigoni House **

09-Oct to 12-Oct **Tusimba House**

12-Oct to 15-Oct Tigoni House *

16-Nov to 19-Nov **Tigoni House** ****

07-Dec to 09-Dec Tigoni House **

Reservations:

* Fanusi: +254 202694139

Mpesa Paybill 565240 Fanusi Centre

** Keri: +254 703034480/1

*** Jawabu: +254 726895206 or +254 720313841

**** Watani: +254 572522743

***** Tusimba Study Centre and House: +256 773781896 or +256 783488419

*****Tusimba Study Centre and House: +256 773781896 or +256 783488419

For Men

Weekend: Thursday 7pm - Sunday 4pm

23-Feb to 26-Feb **Tigoni Study Centre**

02-Mar to 05-Mar Nakuru

09-Mar to 12-Mar **Tusimba Study Centre**

16-Mar to 19-Mar Bungoma

27-Apr to 30-Apr **Tigoni Study Centre**

11-May to 14-May **Tusimba Study Centre**

05-May to 07-May **Tigoni House** Kiswahili

25-May to 28-May **Tigoni Study Centre**

08-Jun to 11-Jun Tigoni Study Centre

22-Jun to 25-Jun **Tusimba Study Centre**

27-Jul to 30-Jul **Tigoni Study Centre**

14-Sep to 17-Sep Dar es Salam

21-Sep to 24-Sep **Tigoni Study Centre**

19-Oct to 22-Oct **Tigoni Centre** Kiswahili

19-Oct to 22-Oct **Bungoma**

19-Oct to 22-Oct **Tusimba Study Centre**

09-Nov to 12-Nov Jahazi

23-Nov to 26-Nov **Tigoni Study Centre**

27-Nov to 29-Nov **Tigoni Study Centre**

For Young men

Weekend: Thursday 7pm - Sunday 4pm

Young Professionals

27-Apr to 30-Apr **Tigoni House**

05-Oct to 08-Oct **Tigoni House**

University & College Students

16-Feb to 19-Feb **Tigoni House**

17-Feb to 19-Feb **Strathmore Residence**

23-Mar to 26-Mar **Tusimba House**

23-Mar to 26-Mar **Strathmore Residence**

29-Jun to 02-Jul **Tigoni House**

14-Jul to 16-Jul **Strathmore Residence**

27-Jul to 30-Jul **Tigoni House**

10-Aug to 13-Aug **Tigoni House**

14-Sep to 17-Sep **Tusimba House**

28-Sep to 01-Oct **Tigoni House**

13-Oct to 15-Oct **Strathmore Residence**

10-Nov to 12-Nov **Strathmore Residence**

23-Nov to 26-Nov Tigoni House

Reservations:

Imara Educational Foundation+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreat for Priests

Weekday: Monday 10am - Friday 10am 16-Jan to 20-Jan **Tusimba Study Centre**

01-May to 05-May **Tigoni Study Centre**

27-Dec to 31-Dec Jahazi

Seminar for Priests

18-Sep to 22-Sep Jahazi

Seminar for Seminarians

01-May to 05-May **Tigoni House KENYA**

22-May to 26-May **Tusimba House UGANDA**

Reservations:

Imara Educational Foundation

+254 717381280

M-Pesa Paybill no. 982600.

Account Name: Retreat date-month

Spiritual Retreats for School boys

18-Jan to 20-Jan Tigoni House *

23-Mar to 26-Mar **Eastlands College*****

30-Jun to 02-Jul **Eastlands College*****

13-Nov to 15-Nov Tigoni House *

Reservations:

*Hodari +254 720 278 295

**Nyali +254 720 388 255

***Eastlands Centre +254 718 340 800

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